

Spring 2021 Covid 19-Play On KSC Policies

Rev. 3/5/21

- **Medical Considerations:**

- All players, coaches, volunteers, administrators should conduct daily temperature checks at home. If above 100.4 degrees F stay home. Do not come to practice/games/meetings.
- If any of the following symptoms are present do not participate in KSC activities:
 - Covid-19 exposure in the last 14 days
 - Sore throat
 - Shortness of breath/difficulty breathing
 - Chills
 - Headache
 - Sinus congestion
 - Cough persistent and/or productive
 - Joint aches and soreness
 - Vomiting or diarrhea
 - Rash
 - New loss of taste/smell
 - Fever <100.4 degrees F

- **Players**

- Mark your individual pinny with your name and do not share with others. Wash between practices/games.
- Have a face mask or gaiter for use when not playing, on sidelines, going to/from field
- Bring 1-2 bottles of water in well marked bottles or disposable each practice/game. No water or drinks will be available or shared.
- No snacks.
- Recommend to bring your own hand sanitizer and use before and after practice/games.
- Space out your stuff 6 feet apart from other players.
- Wear a mask or gaiter on sideline of games or when in huddle
- No hand slapping or fist bumps
- Throw ins will be allowed.
- No spitting.
- Goalies must have their own gloves and will not be loaned to others.
- If a player uses a mouthguard, it must remain in the mouth the entire practice/game.

- **Coaches**

- Need to communicate to families and players the Covid 19 policy.
- Fill out contact logs for each practice and game. Can preload names on forms and just cross out who is not there. Delegate to parent or asst coach 'safety officer' role. Fill out for your team only and coaches/helpers/referees for each practice/game. Do not need to do for opposing team or spectators. Can drop off forms or take a pic on phone or scan in to vp@kielsoccer.com weekly.

- Wear mask or gaiter at games and practices. Should be in place when speaking in a group and during games per YMCA/East Central/WYSA/US Soccer.
 - Reinforce 6 feet distancing on sidelines and during practices. Avoid ball pickups.
 - Setup individual prep areas 6 ft apart for players to put their belongings/water bottles.
 - Use Clorox wipes before and after use of balls/cones at practice and games.
 - Use Clorox wipes to wipe down benches and goals before and after use.
 - Players on sidelines should be 6 ft apart on benches or standing and wearing masks.
 - Do self temperature checks prior to practices/games. If 100.4 degrees F or other illness symptoms, cancel practice/game or have another coach/parent take over.
 - Do not share clipboards; pens; whistles.
- **Administrators:**
 - Secure privacy and maintain contact log forms for 21 days.
 - Communicate updates to parents, coaches, and opposing teams.
 - Post policies on our website and contact info.
 - Facilitate coaches/teams if any possible Covid exposures. Will work closely with Manitowoc Health department on contact tracing information and assistance on cancelling practices/games if necessary.
 - Meetings should be held outside or virtual. If indoors, will be socially distanced and masked.
 - Ensure proper bathroom cleaning/monitoring on game days.
 - Games will be staggered so home match start times will allow for avoiding mass congregating before or after matches. Will work with YMCA on scheduling.
- **Spectators**
 - Social distance of at least 6 ft when spectating. Wear a mask if unable to maintain 6 feet distancing.
 - Stay back 6 feet from sideline.
 - Be aware different communities/counties may have different rules/procedures at their fields. Home spectators will be on same side as Home team. Visitor spectators will be on same side as Visiting Team.
 - It is strongly recommended that players have a minimal number of 2 supporters on site whenever possible.
 - Anyone feeling sick should leave the facility immediately, go home and if needed, seek medical guidance from a healthcare provider and notify a club representative.
 - Tents, tarps or large group structures will not be permitted in the spectator areas of the sidelines.
 - Spectators that are considered high-risk and/or have pre-existing conditions are discouraged from attending.
- **Parents:**
 - Temperature check players before games and practices. If temp above 100.4 degrees F then keep home and seek medical advice. If signs of illness also keep home.

- Send pinny to practices/games; 1-2 bottles of water; goalie gloves/shirt if needed; mask or gaiter. Please mark child's name on all items.
 - Social distance of at least 6 ft when spectating. Wear a mask if unable to maintain 6 feet distancing.
 - Avoid carpooling with other families to/from practices or games. If must, wear masks.
 - Have player bring own hand sanitizer and do not share.
 - For away games: be aware different communities/counties may have different rules/procedures at their fields.
 - There will be no team snacks/drinks after games.
 - Inform coach or club if player becomes ill and unable to attend practice/games. If anyone in the household is in quarantine/isolation. Player should not attend games or practices. If coach or player has been exposed to someone with Covid 19 and are awaiting test results, they should not attend games or practices until confirmed negative or 10 days quarantine.
 - Clean all personal equipment between uses: shin guards; socks; headbands; jerseys/pinnies; goalie gloves; goalie shirts; mouthguards; water bottles.
- **Referees**
 - Self temperature check before game to be less than 100.4 degrees F.
 - If you are ill do not referee. Let your assignor know ASAP.
 - Wear mask for pregame check in.
 - Bring own and use hand sanitizer before game; half time and afterwards.
 - Throw ins will be allowed.
 - No spitting. Yellow card.
 - Do not share whistles; watches; cards; uniforms; flags.
 - Bring own water bottles.
- **Fields/Facilities**
 - Field layouts will be based on the goal of avoiding mass congregation and social distancing protocols.
 - Need to clean restrooms after game days.
 - Wipe down port-a-potty Saturdays at Karls fields.
 - Drinking fountains will be turned off.
 - Limited concessions for spring season.
 - Inclement weather: should wait in vehicles or building with social distancing or masks in place.
- **Practices**
 - Setup practices to be spaced out. Keep 6 feet apart at least with drills.
 - Teach kids to dribble with feet and minimal ball pickups.
 - Only adults should handle cones/flags/putting away balls by hand.
 - Use cones to mark off where players can put their things.
 - Players should only use their own pinneys. No sharing.

- Try to minimize physical contact between players.
- **Games**
 - **PRIOR TO THE MATCH**
 - It is recommended that players from different households do not drive/carpool together.
 - Anyone that is planning to attend the match, this includes players, coaches, spectators and referees should check their temperature at home, and refrain from participation if their temperature is 100 degrees F or higher.
 - All coaches, players, referees and spectators should be monitoring their symptoms at home to ensure that:
 - They are not currently demonstrating, suffering or showing any ill symptoms
 - They have not had any close contact with a sick individual or anyone with a confirmed case of COVID-19
 - They have not had a suspected or documented case of COVID-19 in the last 14 days.
 - Any individual who is unable to confirm the above criteria should not participate in practice or games and contact both their club and healthcare provider.
 - **DURING THE MATCH**
 - Soccer may be conducted “as usual” with the following exceptions:
 - Any team pre- and post-match handshakes should not occur
 - Handshakes, passing of pinnies, or contact in substitutions should be avoided.
 - Celebrations should not contain physical contact.
 - Social distancing should occur between players and coaches on the sideline both during play and during any individual or group discussions during the match.
 - No player, coach, or spectator should violate social distancing guidelines with a referee at any time.
 - Players on the sideline should remain socially distanced (6 feet minimum) at all times.
 - Players on the field or players waiting to be subbed in do not need to be masked, but staff and players on the sideline should have a face covering.
 - It is suggested that the coaches and substitutes be at least six to ten feet from the touchline whenever possible.
 - **AFTER THE MATCH**
 - All attendees should maintain social distancing guidelines after the match is completed.

- Teams should not congregate, post-match debriefs should be kept to a minimum, and teams and supporters should depart the premises immediately to allow for cleaning between games.
- Parents/fans should not enter field area until 10 minutes before kick-off.

The above policies/recommendations are subject to change due to the fluid nature of the Covid-19 crisis. We will continue to update as timely as possible. Thank you for your understanding.